

Emily R. Kindschi
Anxiety Treatment Center of Austin
8701 Shoal Creek Blvd., Suite 404
Austin, TX 78757
512-879-1836
emily@anxietyaustin.com

EDUCATION:

Psy.D. Clinical Psychology	July 2018	Wisconsin School of Professional Psychology
M.S. Clinical Psychology	June 2014	Wisconsin School of Professional Psychology
B.S. Psychology, Sociology	August 2012	University of Wisconsin—Madison
Certificate of Criminal Justice	August 2012	University of Wisconsin—Madison

PROFESSIONAL LICENSES/ASSOCIATIONS:

Licensed Psychologist, Texas Behavioral Health Executive Council
Licensed Psychologist, Missouri State Committee of Psychologists
Teletherapy Mobility License, Psychology Interjurisdictional Compact ([PSYPACT](#))

Member of the American Psychological Association (APA)
Member of Anxiety and Depression Association of American (ADAA)
Member of the International Obsessive-Compulsive Disorder Foundation (IOCDF)
Member of Psi Chi: International Honor Society in Psychology

CLINICAL POSITIONS:

Clinical Psychologist	2023—Present	Anxiety Treatment Center of Austin
Clinical Psychologist	2020—2023	Austin Anxiety and OCD Specialists
Postdoctoral Fellow	2018—2020	St. Louis Behavioral Medicine Institute: Center for OCD and Anxiety Related Disorders
Predoctoral Intern	2017—2018	La Frontera Center: Southern Arizona Psychology Internship Center (SAPIC)
ERP Behavioral Specialist Practicum Student Clinician	2016—2017	Rogers Memorial Hospital: OCD Center at Cedar Ridge
Practicum Student Clinician	2016—2017	North Shore Psychotherapy Associates
Practicum Student Clinician	2014—2017	WSPP Psychology Clinic
Practicum Student Clinician	2014—2016	Professional Services Group
Student Clinic Director	2014—2016	WSPP Psychology Clinic
Practicum Student Clinician	2014—2015	Meta House
Practicum Student Clinician	2013—2014	Rogers Memorial Hospital: Child and Adolescent Day Treatment Program
Criminal Justice Intern	2011—2011	ARC House

PROFESSIONAL PRESENTATIONS (*Presented as Emily R. Gorzalski at the time):

Gorzalski, E. R. (2019, February). *The Relationship between Perfectionism in Psychology Trainees and Personal Psychotherapy Help-seeking*. Saint Louis Behavioral Medicine Institute. Saint Louis, Missouri.

Gorzalski, E. R. (2018, January). *Using ERP to Treat Clients with OCD*. La Frontera Center, Inc. Tucson, Arizona.

Gorzalski, E. R. (2017, September). *Cognitive Behavioral Therapy for Panic Disorder*. La Frontera Center, Inc. Tucson, Arizona.