

# **Kaitlin M. Rothfelder**

Anxiety Treatment Center of Austin  
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## **EDUCATION**

- 2021 **M.A. Counseling**  
St. Edward's University, Austin, TX
- 2015 **B.A. Communication Studies**  
Southwestern University, Georgetown, TX

## **PROFESSIONAL POSITIONS**

LPC-Associate, RBT	2022-present	Anxiety Treatment Center of Austin
LPC-Associate, RBT	2021-2022	Austin Anxiety and OCD Specialists
Pre-licensed Clinician	2020-2021	Spectrum Services
Pre-licensed Clinician	2020	Austin Center for Grief and Loss
Registered Behavior Therapist (RBT)	2017-2020	Cultivate BHE

## **SERVICE TO THE FIELD**

OCD Walk Co-Chair	2022	OCD Texas
BCBA Task Force Committee Member	2022-present	International OCD Foundation
CE Committee Chair	2021-present	Association for Contextual Behavior Science
Communications Co-Chair	2022-present	Association for Contextual Behavior Science
Communications OCD SIG Chair	2021-present	Association for Contextual Behavior Science
Austin Ambassador	2020-present	OCD Texas
Dissemination Coordinator	2020- present	Psychologists Off the Clock Podcast

## **PUBLICATIONS**

### **Peer Reviewed Journal Articles**

Rothfelder, K. & Thornton, D. (2017). Man interrupted: Mental illness narrative as a rhetoric of proximity . *Rhetoric Society Quarterly* . 47, 359-382. doi: 10.1080/02773945.2017.1279343

### **Peer Reviewed Presentations**

Rothfelder, K., Gould, E., Coreil, A., & Coyne, L. (2022, July 8) *Functional analysis in process: Using process based principles to support effective OCD treatment*. International OCD Foundation Conference 2022, Denver, Colorado.

Rothfelder, K., & Saffer, R. (2022, July 9) *Making meaning from loss: Moving beyond grief in OCD treatment*. International OCD Foundation Conference 2022, Denver, Colorado.

Rothfelder, K., Martinez, M., & Jacob, M. (2022, July 9) *Letting your parents off the hook*. International OCD Foundation Conference 2022, Denver, Colorado.

Rothfelder, K., Sorensen, D., Hill, D., Payne, J. & Miller, M. (2022, June 18) *The diffusion of defusion: Disseminating and promoting contextual behavioral science through popular media*. Association for Contextual Science World Conference 2022, San Francisco, California.

Rothfelder, K., & Hill, D. (2021, August 9). *Get unstuck from anxiety and depression with ACT*. Anxiety and Depression Association of America, Virtual Webinar.

Rothfelder, K. & Gould, E. (2021, July 31). *Using ACT to get unstuck: Bringing the process back to life and into yours*. OCD Southern California Chapter Virtual Conference & Exposition, Virtual.

Rothfelder, K. & Myhre, S. (2021, July 16). *It's time to level up: Helping kids challenge fears through games*. West Texas Regional Mental Health Conference, Texas Tech University Health Sciences Center, Lubbock, Texas.

Alvarado, M. & Rothfelder, K. (2020, April 19). *#MeToo- Implications for the Profession*. American Counseling Association Conference & Exposition, San Diego, CA, United States. (Canceled due to COVID-19)

### **Conference Poster Presentations**

Rothfelder, K. (2019, May 30). *Breaking through the hashtag: A pilot RCT proposal of narrative therapy for women participating in the #MeToo movement* [Poster Presentation]. St. Edward's University Counseling Conference.

### **Guest Lecture Presentations**

Rothfelder, K. (2022, June 23) *Obsessive Compulsive Disorder 101*. St. Edwards University

Rothfelder, K. & ShROUT, S. (2021, February 5). *Obsessive Compulsive Disorder 101*. OCD Texas Learn-At-Lunch Series.

Herold, M., Hill, D., Schonbrun, Y., Sorenson, D., & Stoddard, J. (2021, January 30). *Panel Discussion on Acceptance and Commitment Therapy*. First Annual POTC Wise Minds Summit.

Rothfelder, K. (2020, September 17). *Obsessive compulsive disorder: Diagnostic indicators and evidence based treatment*. St. Edward's University.

Rothfelder, K. (2020, August 26). *Showing up: Using ACT processes to support group facilitator presence in grief support groups*. The Austin Center for Grief and Loss Volunteer Forum.

Rothfelder, K (2020, September 17). *Obsessive compulsive disorder: Psychopathology and treatment*. St. Edward's University.

Rothfelder, K. (2020, September 27). *Telehealth tips and tools: Experiential exercises from ACT adapted to the screen*. St. Edward's Master of Arts in Counseling Student Association.