

**Thomas Smithyman, Ph.D.**  
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### **EDUCATION**

Ph.D. Clinical Psychology	January, 2012	Suffolk University
M.A. Clinical Psychology	October, 2005	Suffolk University
B.S. Psychology	June, 2002	Santa Clara University

### **CLINICAL POSITIONS**

Post-Doctoral Fellow	2012-Present	Anxiety Treatment Center of Austin
Post-Doctoral Fellow	2012-Present	Spectrum Social and Recreation Services
Pre-Doctoral Intern	2010-2011	University of Texas at Austin, CMHC
Group Psychotherapist	2010	Asperger's Association of New England
Practicum Therapist	2009-2010	Massachusetts College of Art and Design
Practicum Therapist	2007-2008	Emerson College
Practicum Therapist	2005-2006	Nourse Rogers Memorial Veterans Hospital

### **TEACHING POSITIONS**

Adjunct Faculty	2008-2009	Emerson College
Adjunct Faculty	2006-2009	Suffolk University

### **RECENT TALKS AND WORKSHOPS**

Smithyman, T. F. (2012, November) *Maintaining Sanity with Your Pre-Teens! The Impact of Puberty & Hormones on Children 10-14*. Talk given at AISD Family Support Co-op, Austin, TX.

Smithyman, T. F. (2012, August) *Understanding and Treating the Common Romantic Difficulties of Adolescents on the Spectrum*. Workshop given to AISD teachers at SCORES Institute, Austin, TX.

Smithyman, T. F. (2012, April) *Sexuality and Disabilities in Late Adolescence/Young Adulthood*. Talk given at SEPAC Family Support Network, Round Rock, TX.

Smithyman, T. F. (2012, April) *Tweens, Teens, Hormones! Help!* Talk given at AISD Family Support Co-op, Austin, TX.

Smithyman, T. F. (2011, June) *Real Anxiety in the Virtual World: Internet-Based Outreach for Socially Anxious College Students*. Talk given at National Outreach Conference for Counseling Centers, Park City, UT.

Workshop Leader (2011, April): *Test anxiety workshop for student athletes*, The University of Texas at Austin, Austin, TX.

Workshop Leader (2011, April): *Assertiveness training*, The University of Texas at Austin, Austin, TX.

Smithyman, T. F. (2011, March) *Strangers in a strange land: Building social relationships across country lines*. Talk given at International Student & Scholar Services Lunchtime program, The University of Texas at Austin, Austin, TX.

Smithyman, T. F. (2010, November) *Strangers in a strange land: Building social relationships across country lines*. Talk given at International Education Week, The University of Texas at Austin, Austin, TX.

Workshop Leader (2010, October): *Assertiveness training*, The University of Texas at Austin, Austin, TX.

Workshop Leader (2010, October): *Stress management workshop*, The University of Texas at Austin, Austin, TX

Smithyman, T. F. (2009, April) *Unrequited love among college students: Causes, consequences, and prevention*. Talk given for Division of Student Development, Massachusetts College of Art and Design, Boston, MA.

#### **CONFERENCE PRESENTATIONS**

Damer, D. (Chair). (2012, October). *The Simple, Unwashed Truth -- Dispelling Myths and Stereotypes about OCD, Related Disorders and Co-occurring Conditions*. Speaker for panel conducted at the OCD TEXAS conference, Austin, TX.

Smithyman, T. F., Asher, Y., Forbes, H. F., Fireman, G. (2012, May). The long-term psychosocial adjustment of elementary-school victims of bullying. Poster presented at Association for Psychological Science Annual Convention, Chicago, I.L.

Vernig, P. M., & Smithyman, T. F. (2010, November). *Predictors of relationship status and dating satisfaction among first year college men*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Smithyman, T. F., Bybee, J., Williams, C., & Merisca, R. (2004, May). *Assessment of Types of Guilt That Emerge During Childhood*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Smithyman, T. F., Dicker, M., Marquez, R., & Schmitt, S. (2002, April). *The Effect of Need and Normative Information on Charitable Donations*. Poster presented at the annual meeting of the Western Psychology Conference for Undergraduate Research, Santa Clara University, Santa Clara, CA.