

Jack Yung-Shih Tsan, Ph.D.
Anxiety Treatment Center of Austin
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Educational History

Ph.D. Counseling Psychology	August, 2009	University of Houston
M.Ed. Counseling	August, 2004	University of Houston
B.A. Psychology	May, 2002	University of Texas

Professional Licensure

Licensed Psychologist, Texas State Board of Examiners of Psychologist

Academic Appointments

Affiliate Faculty	2017 – present	Dell Medical School – University of Texas at Austin
Assistant Professor	2011-2012; 2016-present	Texas A&M Health Science Center

Professional Positions

PCMHI Facility Trainer	2017 – present	Central Texas Veterans Health Care System, Austin, TX
Clinical Psychologist, Team Lead	2013 – present	Central Texas Veterans Health Care System, Austin, TX
Evidenced Based Psychotherapy Coordinator	2013 – 2017	Central Texas Veterans Health Care System, Austin, TX
Acting Psychology Internship Director	2013	VA Texas Valley Coastal Bend Health Care System, Austin, TX
Clinical Psychologist	2012 – 2013	VA Texas Valley Coastal Bend Health Care System, Harlingen, TX
Postdoctoral Fellow	2009 – 2012	VISN17 Center of Excellence for Research on Returning War Veterans, Waco, TX
Pre-Doctoral Intern	2008 – 2009	Allendale Association, Lake Villa IL
Practicum Therapist	2007 – 2008	Rice University Counseling Center, Houston, TX
Research Coordinator	2004 – 2005	UT M.D. Anderson Cancer Center, Houston, TX

Awards

American Psychological Association, 2012 APA Convention Travel Awards for Early Career Professionals (\$750)
American Psychological Association, Society of the Psychological Study of Men and Masculinity Division 51 – Loren Frankel Student Research Award
American Psychological Association Minority Fellowship Program – Psychology Summer Institute Program (2010)
University of Texas M.D. Anderson Short Term Research Fellowship – National Institute of Health Training Grant (2005 - 2006)

Grants:

American Psychology Association Division 17 Prevention Section Research Award (August 2011-August 2012, Jack Y. Tsan-PI): \$250

Population Based Integrated Mental Health Care: Voices from our Nation's Veterans

This study seeks to explore Veterans' experiences in the use of integrated mental health care and compare PTSD and depression symptom severity between those exposed versus not exposed to integrated care.

Role on Project: Principal Investigator

VISN 17 New Investigator Award (May 2011-May 2013, Jack Y. Tsan-PI): \$50,000/year for 2 years

Specialty Mental Health Follow Through after Primary Care-Mental Health

Goal of the study is to examine effects of primary care mental health integration on specialty mental health attendance.

Role on Project: Principal Investigator

Mentor: Laurel A. Copeland, Ph.D.

Training Grants:

VA Interprofessional Mental Health Education Expansion Initiative: Primary Care Patient Aligned Care Teams Academic Year 2013-2014 (Fiscal Year 2014)

Role on Grant: Primary contributor on grant application and intern supervisor

Peer- Reviewed Publications

1. Stock E. M., Copeland L. A., **Tsan J. Y.**, Zeber J. E., Verontin M. A., Thompson A. W. (2016). "Method of analysis as a factor in models of admission among veterans of Iraq and Afghanistan deployments". *Military Medicine*, 181(10):1248-57.
2. **Tsan, J. Y.**, Stock, E. M., Greenawalt, D. S., Zeber, J. E., Copeland, L. A. (2016). Mental health treatment after major surgery among Vietnam-era Veterans with posttraumatic stress disorder. *Journal of Health Psychology*, 21, 1249-1260. DOI: 10.1177/1359105314551620.
3. Janke-Stedronsky, R. S., Greenawalt, D. S., Stock, E. M., **Tsan, J. Y.**, MacCarthy, A. A., MacCarthy, D. J., & Copeland, L. A. (2016). Association of parental status and diagnosis of post-traumatic stress disorder among Veterans of Operations Iraq and Enduring Freedom. *Psychological Trauma: Theory, Research, Practice, and Policy*. doi: 10.1037/tra0000014.
4. Phillips, K. L., Copeland, L. A., Zeber, J. E., Stock, E. M., **Tsan, J. Y.**, & MacCarthy, A. A. (2015). Racial/ethnic disparities in monitoring metabolic parameters for patients with schizophrenia receiving antipsychotic medications. *American Journal of Geriatric Psychiatry*, 23, 596-606.
5. Tichy, K. E., **Tsan, J. Y.**, & Copeland, L. A. (2013). Investigating gender differences in PTSD, depression, and substance use disorders among OEF/OIF Veterans. *Prevention in Counseling Psychology: Theory, Research, Practice and Training*, 6, 7-8.
6. **Tsan, J. Y.**, Stock, E. M., Gonzalez, J. M., Greenawalt, D. S., Zeber, J. E., Rouf, E., & Copeland, L. A. (2012). Mortality and guideline-concordant care for older patients with schizophrenia: A retrospective longitudinal study. *BMC Medicine*, 10, 147. PMID: 23181341
7. **Tsan, J. Y.**, Zeber, J. E., Stock, E. M., Sun, F., & Copeland, L. A. (2012). Primary care mental health integration and consecutive annual care among Iraq and Afghanistan war Veterans. *Psychological Services*, 9, 336-348. PMID: 22545824
8. Greenawalt, D. S., **Tsan, J. Y.**, Kimbrel, N., Meyer, E., Kruse, M., Tharp, D., Gulliver, S. B., & Morissette, S. B. (2011). Mental health treatment involvement and religious coping among African American, Hispanic and White Veterans of the wars of Iraq and Afghanistan. *Depression Research and Treatment*, doi:10.1155/2011/192186
9. **Tsan, J. Y.**, Day, S. X., Schwartz, J. P., & Kimbrel, N. A. (2011). Restrictive emotionality, BIS, BAS, and psychological help-seeking behavior. *Psychology of Men and Masculinity*, 12, 247-259.
10. **Tsan, J. Y.**, & Day, S. X (2007). Personality and gender as predictors of online counseling use. *Journal of Technology in Human Services*, 25, 39-55.
11. Carter, B. L., Robinson, J. D., Lam, C. Y., Wetter, D. W., **Tsan, J. Y.**, Day, S. X, & Cinciripini, P. M. (2006). A psychometric evaluation of cigarette stimuli used in a cue reactivity study. *Nicotine & Tobacco Research*, 8, 361-369.

Book Chapters

1. McDermott, R.C., Smith, C., & **Tsan, J.** (2014). Getting wired: Connecting with me through technology. In Rochlen, A.B., & Rabinowitz, F.E. (Eds.). *Breaking barriers in counseling men: Insights and innovations.* (pp. 99-109). New York: Routledge.

Selected Conference Presentations

1. Tichy, K. Y., **Tsan, J. Y.**, & Copeland, L. A. (2012). *Gender differences in PTSD, depression, and substance use disorders among OEF/OIF Veterans enrolled at the CTVHCS.* Poster presented at American Psychological Association 120th Convention, Orlando, FL.
2. **Tsan, J. Y.**, Seim, R. W., Greenawalt, D. S., Stock, E. M., Evans, L. D., Copeland, L. A., Perez, N. J., & Erickson, B. R. (2012). *Integrated mental health care for Veterans returning from the wars in Iraq and Afghanistan.* Poster presented at American Psychological Association 120th Convention, Orlando, FL.
3. **Tsan, J. Y.**, Greenawalt, D. S., Evans, L. D., Stock, E. M., & Copeland, L. A. (2012). *Effects of integrated mental health care at the Central Texas Veterans Health Care System.* Poster presented at American Psychological Association 120th Convention, Orlando, FL.
4. Fennell, T. J., Greenawalt, D. S., Seim, R. W., Stock, E. M., Copeland, L. A., & **Tsan, J. Y.** (2012). *Investigating delayed mental health care, depression and alcohol use problems.* Poster presented at American Psychological Association 120th Convention, Orlando, FL.
5. **Tsan, J. Y.**, Zeber, J. E., Stock, E. M., & Copeland, L. A. (2012). *Primary care mental health integration and persistence in care among Iraq and Afghanistan War Veterans.* Poster presented at the 2012 HSR&D/QUERI National Conference.
6. Stock, E. M., Cooper, T. L., **Tsan, J. Y.**, Zeber, J. E., & Copeland, L. A. (2012). *Methods of analysis as a factor in models of admission among Veterans of Iraq and Afghanistan deployments.* Poster presented at the 2012 HSR&D/QUERI National Conference.
7. Zeber, J. E., Stock, E. M., Pugh, M. J., **Tsan, J. Y.**, Pugh, J. A., Morissette, S. B., & Copeland, L. A. (2012). *Longitudinal medication adherence instability and the risk of psychiatric admission in Veterans with schizophrenia.* Poster presented at the 2012 HSR&D/QUERI National Conference.
8. Greenawalt, D. S., **Tsan, J. Y.**, Kimbrel, N. A., Meyer, E. C., Kruse, M. I., Tharp, D. F., Gulliver, S. B., & Morissette, S. B. (2011). *Mental health treatment involvement and religious coping among African American, Hispanic, and White Veterans of the wars of Iraq and Afghanistan.* Poster presented at 5th Annual VHA Mental Health Conference, Baltimore, MD.
9. **Tsan, J. Y.**, Zeber, J. E., Stock, E. M., & Copeland, L. A. (2011). *Primary care mental health integration and persistence in care among Iraq and Afghanistan War Veterans.* Poster presented at 5th Annual VHA Mental Health Conference, Baltimore, MD.
10. **Tsan, J. Y.**, Greenawalt, D. S., Kimbrel, N., Meyer, E., Kruse, M., Tharp, D., Gulliver, S. B., & Morissette, S. B. (2010). *Minority treatment involvement for depression and PTSD among returning OEF/OIF Veterans.* Poster presented at 4th Annual VHA Mental Health Conference, Baltimore, MD.

Workshops

1. **Tsan, J. Y.** (2013). *Mindfulness and Stress Reduction.* Workshop presented for National Association of Social Workers – LRGV Branch.
2. **Tsan, J. Y.**, Lepore, J., & Hsu, S. (2009). *Multicultural Training.* Workshop presented for Allendale Association Staff Training.
3. **Tsan, J. Y.** (2008). *Listening Skills.* Workshop presented for Rice Counseling Center Outreach CAPP retreat.
4. **Tsan, J. Y.** (2007). *A Buddhist approach to stress reduction.* Workshop presented for Rice Counseling Center Outreach project.

Certificates and Trainings

VA Motivational Interviewing Training, July 10-12, 2012, Somerville, MA. Training Requirements Completed with Certificate.
Concurrent Treatment with Prolonged Exposure (COPE) Training, January 27-28, 2011 Waco, TX.
Acceptance Commitment Therapy (ACT) Training, January 10-11, 2011, Waco, TX.
Center for Integrated Healthcare's Blending Co-located Collaborative Care and Care Management Training, June 15-17, 2010, Buffalo, NY.